ISSUE 2 NOVEMBER 2026

CAP Oldham

Newsletter 2026

LOCAL CAP CONTACT

Lisa

07964724020

lisawoolfenden@capuk.org



"Thank you so much for your help today. I can now see that there might be some hope for my situation. I thought you were here to help with the debts, but you have helped me in so many other ways."

Christians Against Poverty has worked with clients in Oldham since 2012 through the debt centre, and this year the life skills training celebrates 10 years.

Life Skills courses have run from Royton Town Hall, Beever Family Hub and are currently at Bardsley Community Centre. We help people learn how to live better on a low income whilst combating social isolation. These friendly groups help people learn to budget and stay on top of household bills, eat well on a budget, build confidence, and improve their relationships; a warm welcome and a free lunch are always included. We also provide the opportunity for some one-to-one support outside the group and have helped people to access emergency food, fuel, white goods and ongoing specialist support where needed.

In the past year, the debt centre has helped a variety of Oldham residents to address their debts through Debt Relief Orders/applications for bankruptcy / setting up debt management plans and in the financial year 2025-2026, over £28.5K of debt was wiped, taking an enormous weight off people struggling to manage.
Life Skills and Debt Centre clients have also been supported through various moments of faith, including clients accepting prayer for the first time, returning to church to attend services and social events after long periods of non-attendance, and this week we have learned of a client who made a commitment of faith for the first time.

HAMPER DATES

30/11/26

last date for items to be taken to your local churches

Our vision
Transformed lives.
Thriving churches.
An end to UK poverty.

Our mission
— Release people across the UK from poverty.
— Enable churches to help end poverty through their communities.
— Encourage people to live with faith, actively served by their church.

Other support provided

Examples of other support given to people recently in contact with the debt centre include helping people increase their income by getting their benefits and entitlements checked by Welfare Rights and OMBCs, council tax budgeting support and helping people access food, fuel, white goods and clothing in crisis situations.



Christmas 2026

Thanks to the generosity of church members, last year we were able to deliver some amazing hampers to our clients, and we would love to be able to bless them again this year. Please see the list of items required on the right. We will also be happy to accept monetary donations to CAP Oldham to help purchase these items.

It would be helpful if each church organises donations to be made by Sunday 29th November, then contact Lisa to arrange collection.

Please contact Lisa for further information regarding CAP's work in Oldham, if you are interested in volunteering, attending life skills or need Debt Help.

CHRISTMAS HAMPER WISH LIST

Christmas Pudding
Christmas Cake/other cake
Christmas Crackers
Candle
Mince pies
Tinned fruit, Custard
Chocolates, Sweets
Biscuits
Tinned ham/salmon
Nuts, Crisps
Savoury snacks/crackers
Tea, Coffee
Drinking Chocolate
Fruit Juice (long-life)
Shloer or other non-alcoholic fancy drink
Soup
Pickles/chutneys
Stuffing
Jam
Pasta
Pasta sauces
Rice
Toiletries
(shower gel, fancy soap, gift sets etc)

Please check the best before date is after December 25th

Christ-Centred Compassionate Collaborative Joyful Bold

©2025 Christians Against Poverty.
Charity registered numbers: 1097217 (England and Wales), SC038776 (Scotland). Company Limited by Guarantee, Registered in England and Wales number: 4655175. CAP is authorised and regulated by the Financial Conduct Authority.